



BEST BUDDIES VIRTUAL

News & updates for our Best Buddies Canada Chapters



Pickering High School Best Buddies at their weekly lunch hangouts!



Leo Hayes Best Buddies showing the spirit for their school's hockey team!



Fredericton High School Best Buddies on their way to a fun holiday event!

WHAT'S GOING ON IN FEBRUARY

Feb. 1st, 2:00pm EST Sock Bunnies with Sarah

Feb. 2nd, 1:00pm EST Valentine's Card with Julia

Feb. 9th, 1:00pm EST Decorate Cupcakes with Julia

Feb. 15th, 2:00pm EST Nature Walk with Sarah

Feb. 16th, 1:00pm EST Digital Scavenger Hunt with Julia

[Click here for updates](#) and more events in February!

FROM THE BEST BUDDIES TEAM

Hello Best Buddies Chapters,

March is Best Buddies Month! Plan a fun activity with your chapter and stay tuned to Best Buddies social media pages for upcoming announcements and contests.

As a reminder, we have extended our offer of a one-time \$50 e-gift card to chapters. Simply submit your roster and host your first activity. The deadline to apply is **March 17th, 2023!**

Would your chapter like to be featured in our Newsletter or on our social media pages?!! We are always looking for pictures from your events. Email us at info@bestbuddies.ca or DM us [@bestbuddiescanada](https://www.instagram.com/bestbuddiescanada) on Instagram.



Best Buddies Canada would like to thank Unity for Autism for their support across Canada.



Best Buddies Canada would like to thank The George Lunan Foundation for their support in the GTHA area.



Thank you to the TELUS Manitoba and Saskatchewan Community Board for supporting expansion in the Saskatchewan community.

DID YOU KNOW...

Best Buddies Canada staff attends chapter events such as, club meetings, dances, fundraisers and even Parent's Night?

Feel free to invite us to one of your events!

